

The Secrets of Sex

Sex is the three letter word which guides us to sustain our life in balancing mode. Sex has tremendous power to develop our life in such a way that no other instincts can do for us. Throughout the human civilization till today sex is most of time misunderstood as time gone away. Human has taken sex as procreation tool to maintain our progeny. But sex has another side to tell you unfolded secrets to balm our wounds which we are suffering in our daily life. Sex itself has own time bounded techniques through which it guide us in an invisible way to make our life better. Sex has an infinite power in our every sphere of life. In our daily life activities whatever we do sex has direct or indirect effect on it. Now I am sharing some feelings about it with you as follows:

Depression, stress and frustration are one of the main causes of our sufferings. If we use sex as an outlet to ease our sufferings, our life will be in total positive shape. Our sufferings are mainly depends on brain and then body. Brain is the central processor unit which controls our emotional impulses. In the case of brain, sex act as an electrical charge which stimulate it and release its wounds. If you use sex in morning or evening, it will work best for emotional wounds. In morning sex (5am-6am) will make you fully active and youthful throughout the day whereas evening sex (5pm-6pm) will give you a very deep sleep at night.

Your imagination power is very much depends on sex. Imaginative power is originated from the brain. Whatever your profession (writer,poet,painter,graphic designer.etc.) is, sex decides it on you how much you will perform in your profession. Before starting any creative project, preserve your sexual high at least one week before for giving brilliant performance in your project. As a film actor, you can give your best shot in a movie through wise manipulation of your sexual power. Suppose in a film script, you are asked to give an excellent shot on romantic scene or action scene and you can do it with your conserved sexual power. You can give exact shot of movement and expression according to your film script.

Education and examination is complementary each other. Sex takes very important part in examination where we need concentration, memory retention and perseverance. If you can preserve your sexual urge during your examination, at least you can achieve satisfactory result in your endeavor. Cramming which is the one of the methods we use during examinations from our childhood. Sex has a great effect on it. Cramming needs high powered chemical reactions in our brain to store subject's data in memory. These data are stored in layer by layer and between the layers, the gap was filled by a trail of chemical components which charged by sexual impulse when you need the data to be in use. If we release our sexual high before examination, the chemical components will be totally discharged and we lost our contact from one layer to another layer.

When we think about the great men of world history, they are the men from the highly sexual world. All great men are highly sexual but all the highly sexual men

are not the great men. The reason is that the great men have used their sexual power in positive way where others have used in negative way. You can be famous, if you are a highly sexual person and use it in very intelligent way. India is a more than 5000 years old civilization and it gave the world the idea of mathematics, medicine, astronomy, etc. through its great saints and our forefathers. It happened only due to positive use of sexual power in their mind. India is the highly spiritual country and its people are highly sexual. If we look at our society, there are three classes (Rich, Middle class and Poor). They are the foundations of our society. Rich who use their sexual power in very introverted way and in high force. Middle class who uses their sexual power in very much hesitant way and in dual force (high and low). Poor who uses their sexual power in uncontrolled way. So poor suffers most among others. The word, *sexploitation* (**Sex + Exploitation**) are using everywhere through advertising, movies, etc. to use their (Middle class and Poor) sexual power in very intelligent way. When a movie is hit in box office which means it reaches to vision, thinking and mind of the people.

Human behavioral pattern is controlled by its sexual power. If our sexual life is decent and it will reciprocate through our deeds. Every man has own biological clock which synchronize with our sexual impulses. When it does vary with our sexual power in daily life, our life also works according to it. Suppose a person first win a prize in a competition which means his body and mind have worked in perfect way. We can explore our maximum potential through positive sexual power. Positive sexual power which give us physical development, mental upliftment and spiritual attainment whereas negative sexual power give us criminal mind, character degradation and low self-esteem. War, murder, criminal activities, etc. which are the products of the negative sexual power. Invention, creation, etc. are the signs of the positive sexual power.

The origin of sex lies in our chromosomes. One gene is responsible for it which is called incestuous gene. It is the reason for human sexual activity. If we trace out it in our chromosomes and separate it from our chromosomes then human sexuality will be written in a new order. Actually we will lose our sexual activity and procreation process will be done through creating one separate human being out of a single human being. If it happens it will be a great achievement of mankind. Thus throughout the ages, sex have molded our life in direct or indirect way to fulfill our dreams.

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