

## The Secrets of Sexual Happiness

It is said that the word, sex is the shyest word among all words which we are very much hesitant to talk about it. But our sexual happiness depends on how much we discuss it openly with anybody and get most from it. We are the human who thinks always about sex in our daily life whether we think it consciously or unconsciously. But it is true that ultimate sexual happiness is still elusive to mankind and we are still exploring constantly through our endeavor. We are using it through our different mediums to get its eternal happiness. The parameters of sexual happiness are various and it depends on natural, physical and mental environments. This process is still continuing today from the time of Adam Eve era. Let's go to the point for discussing it in the following paragraphs:

Natural environments which consists of temperature, climate, geographical location, Earth rotation, time zone, Earth magnetic poles.etc.have positive effects on sexual happiness. One interesting thing to tell that most important minerals which are found in earth as these minerals also available in human body. So it would have direct effect on human body due to Earth attraction. Here Earth works like a separate body as they attract each other. If we live in another planet other than earth, our sexual life would have a different one so as sexual happiness.

Recent we are discussing about global warming which have some direct effect on our sexual happiness. More temperature rises, our children will get their puberty early as before. Their adulthood will come early and also will lengthen their sexual life. They will have a lot time to get sexual happiness which our present generation has already crossed.

High temperate zone where temperature varies between 31 degree centigrade to 36 degree centigrade between sexual happiness is high as compare to low temperate zone. Warm climate boosts the sexual activity among all animals including human. It stimulates nervous system, glands and hormones in very big way. But in cold climate, the sexual activity is generally synthetic rather than natural. The synthetic means artificially activated as in cold climate we know that our biological activity is rather restricted. In general in cold climate we use our will power to get sexual satisfaction in force. I hope that you may understand what I mean to.

The magnetic poles of Earth have an important consideration regarding sexual happiness. Those who are living in the extreme parts of magnetic poles have least sexual happiness whereas those who are living in exactly in the absolute middle parts of the two Earth magnetic poles has maximum sexual happiness. If you travel frequently through different time zones as it has an adverse effect on your biological clock setup in your body. Frequent changing of time zones makes you sexual unhappiness. So try to travel within same time zone.

The grey matter of brain has a great impact on our sexual happiness. If the grey matter of our brain is bigger than average size of grey matter of human brain, then our sexual happiness has maximum chance of sexual happiness. But in this case we saw that sometimes our sexual outlook can be kinky which may make or break our sexual happiness as it depends on how we can use it in our favor. It is true that this kinky type sexual outlook brought some greatest creations or inventions ever we have seen. Generally this type of sexual outlook has been seen in the life of great men of the world.

Light is one of the prime sources for our sexual happiness. In dark space if we practice our sexual activities I mean poor lighting condition as your privacy intact, your nervous system will not be stimulated because of poor visibility through your eyes. Blue light and moon lit night generally soothe our nervous system as this cold light controls our body heat during our sexual activities. This is one of the reasons for using blue light in film industry.

We know vitamins are essential elements of our body but it has an important role in our sexual happiness. Vitamins like A, D, K and E have great effect on our sexual activities. If you take these vitamins supplements daily after consultation of a doctor, you can maximize your sexual happiness. If you want to know more about these vitamins, a doctor will help you in this regard.

If your body odor is acceptable to your partner, then you can expect maximum sexual happiness. Same type of body odor makes yours maximum satisfaction in sexual activities. If your body odor is very bad, you can make it a good one by taking lots of water and fruits daily. One interesting fact is that if you take your favorite fruit regularly then your body odor will be near to your favorite fruit's scent. If your body odor is likable to your partner's body odor and vice versa then sometimes you may smell a kind of odor similar to your partner's body odor without his/her presence in your surroundings. Actually it is a kind of feeling which cannot be described in words.

As far as our sexual positions are concerned, we should choose a suitable position that does not hurt our physical structure and maximize our sexual satisfaction. What type of style you will choose that is up to you I mean you should choose the right one which makes you comfortable. We know that human is the only animal who takes face to face sexual position in the animal kingdom. It is one of the reasons for human being considered as the most intelligent among all animals.

Your sexual unhappiness can be rectified through your handwriting with consultation of a graphologist. As a graphologist, I think there are some areas in your handwritings which can have some disturbances. These can be rectified after analyzing your handwritings by a graphologist. If you want to know more about it, you can take my consultation by visiting my [website](#) or sending an [email](#).

So our sexual happiness will depend on us how we will use sex as it should not be used as a boy's toy rather perform it with devotion and care and that way you will get great happiness and upliftment in your life. **Copyright Manik Roy 2009**